



GPO Box 295
SYDNEY NSW 2001
ABN: 32172170561
Phone: + 61 2 9920 1968
Fax: + 61 2 9920 5415
E-mail: admin@sleep.org.au
Web: www.sleep.org.au

AN OVERVIEW OF SLEEP PROBLEMS IN CHILDREN:
Information for primary health care professionals

Wednesday 1st October 2008

Target Audience – General practitioners, sleep physicians, advanced trainees, nurses, educationalists, psychologists, occupational therapists, and other allied health professionals who do not predominantly practice in this area.

Session outline and aim – The course will give a brief overview of essential elements of sleep in children and will endeavour to further inform primary health care professionals in basic sleep science and the effects of sleep disturbance in children. Basic diagnosis and treatment will be addressed.

The focus is a practical understanding of sleep issues “in the real world”.

The session will run from 17:30 – 19:00.

17:30 – 17:45: Introduction : Dr Sarah Blunden – paediatric sleep psychologist

17:45 – 19:00: Guest speaker: Dr Karyn France from the University of Canterbury in New Zealand. Dr France is a renowned paediatric sleep researcher and clinician to be our key presenter in this course.

Venue: Adelaide Convention Centre, Adelaide

A light meal will be served.

Cost \$100.00

Professional Development (CPD) points are available for this course for General Practitioners and for Psychologists



Please complete and return to ASA, GPO Box 295, Sydney 2001 Fax: 02 9920 5415
E-mail conference@sleep.org.au

Cost: \$100

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